

## **ABSTRACT**

An embodiment of the invention includes an apparatus for pressing an edible article. The apparatus includes a holding device including a channel for circulating a cooling liquid and also including an independently suspended plunger. The independently suspended plunger includes a lower part with a pressing surface configured to be pressed into contact with an edible mass. The independently suspended plunger also includes an upper part with a sliding surface supported by an opposing sliding surface that defines an opening of the holding device. The upper part has a circular cross-section and the lower part has a non-circular cross-section. The upper part and the lower part are separate parts that are joined together.